

LOVE Durabird-Smashville Badminton Training Program

BADMINTON CLINIC NOV 16, 2019

12pm- 4 pm \$55 per person

WORK ON YOUR WEAKNESS; DEVELOP YOUR STRENGTH



Location 250 King Manor Drive
King of Prussia, PA

Registration: Links at www.Smashville.us

Payments Venmo to @Smashville
Zelle: smash@smashville.us



- 4 hours of training
- Lower price than group coaching sessions
- Learn from multiple coaches
- Big boost for beginners games
- Special focus for intermediate players
- Perfect for those who cannot make it to our regular coaching programs

Snacks and Gatorade provided

12pm Intros & Goals
12:15 Safe Warm-up Techniques
12:30 Footwork Drills
1pm Feeder Drills – forehand/backhand
2pm Snack & Drinks
2:15 Offensive shots: Smash & Drive
2:45: Drop & touch shots
3pm Fun Drills: Around the World
Smash the Coach
3:30pm Coached matches

